Roasted Brussels Sprout Tacos with Sriracha Aioli

An all-time member favorite, back by popular demand. We discovered the magical pairing of Brussels sprouts and sriracha aioli on a food-mission to Mercadito here in Chicago and had to put our spin on it for Meez. The creamy, spicy sauce is a wonderful counterpoint to shredded Brussels sprouts. Add in some baked tofu and feta, and it's a deliciously crazy cross-cultural taco dinner.

15 Minutes to the Table

15 Minutes Hands O

1 Whisk Super Easy

<u>Getting Organized</u>

EQUIPMENT Large Skillet Small Skillet Mixing Bowl

FROM YOUR PANTRY Olive Oil Salt & Pepper

6 MEEZ CONTAINERS
Brussels Sprouts
Baked Tofu
Aioli
Sriracha
Corn Tortillas
Feta

Make The Meal Your Own

We like the Sriracha aioli on its own, but if you want to add an extra layer of salt, try adding a splash of soy sauce.

Omnivore's Option – Bacon is a great fit for this meal. Just crisp it separately and add it to the tacos before serving.

Good To Know

The trick to the brussels sprouts is to have your pan really hot before adding them. Trust us, it makes a big difference.

If you're making the vegan version, we're skipping the feta and mayonnaise in the aioli. Add a little olive oil instead, or add 2 to 3 Tbsp vegan mayo per diner.

Health snapshot per serving – 425 Calories, 18g Protein, 61g Carbs, 358 g sodium, 8g Fiber, 12 Smart Points

Have questions? The dinner hotline is standing by from 5 to 8 pm at 773.916.6339.



1. Cook the Brussels Sprouts and Baked Tofu

Heat 2 Tbsp olive oil in a large skillet over medium-high heat. Once the skillet is very hot, add the **Brussels Sprouts** and cook until just tender, about 3 to 5 minutes. Set aside.

Add the **Baked Tofu** to the now-empty pan and cook until hot, 1 to 2 minutes.

2. Make the Aioli

Put the *Aioli* into a mixing bowl and stir in as much of the *Sriracha* as you'd like.

Sriracha is spicy. Start with a 14 of the container and add more to taste.

3. Assemble the Tacos

Heat the **Corn Tortillas** directly over a gas burner (or in a small, dry skillet) for 15 to 30 seconds per side.

Fill the warm tortillas with the Brussels sprouts and tofu and top with sriracha aioli and **Feta**. Enjoy!

Love this recipe? #meezmagic

Instructions for two servings.

Meez Meals * 1459 N. Elmwood Avenue * Evanston * Illinois